



Pepper

The global pepper market remains dynamic, with supply conditions still relatively tight across both black and white pepper origins. Harvesting in Vietnam is currently underway, with peak arrivals expected in the coming weeks. Despite the ongoing harvest, carry forward stocks remain low, and farmers in several producing countries continue to hold back material in anticipation of higher prices. At the same time, demand from major markets in Europe, the United States and Asia remains stable, while geopolitical developments and logistical disruptions continue to create uncertainty in global supply chains and freight movements.

Prices have shown some short term fluctuations in recent weeks, with minor corrections reported in certain origins. However, price levels remain historically high due to limited inventories and steady demand for compliant material. Availability in several producing regions remains restricted, and exporters continue to manage stocks carefully. The market is expected to remain firm in the coming months, as buyers focus on securing supply coverage rather than building large inventories.





Garlic

The garlic market in March 2026 shows stable crop development in China and ongoing harvest activity in India, while high inventory levels continue to put pressure on prices. Demand remains moderate across key markets, and limited availability of high quality material helps maintain a balanced but slightly softer market outlook.



Nutmeg

In March 2026, the nutmeg market showed stable conditions across key producing regions such as India and Sri Lanka. In India, the crop is currently in the berry maturation stage, with new crop arrivals expected to increase from April onwards and peak availability anticipated between April and June. Carry forward stocks remain similar to last year, supporting adequate short term supply, while steady domestic and export demand continues to maintain a balanced market environment.

In Sri Lanka, yields are expected to be slightly lower due to unfavorable weather during the flowering period and reported cyclone damage. Despite this, a combination of remaining stocks and upcoming harvest volumes is expected to ensure sufficient availability in the near term. Prices for premium grades remain firm due to consistent demand, keeping the overall market outlook stable.



Turmeric



The turmeric market in March 2026 was characterized by ongoing harvest activity in India and improving availability as new crop arrivals increased across major producing regions. Demand remained steady from both domestic and export markets, while prices declined slightly compared to last month but remained higher than last year, supported by continued trading activity.



Cumin

The cumin market in March 2026 sees a decrease in cultivation area in India compared to last year, while harvesting activity increases market arrivals. Demand remains stable from export markets, and prices decline compared to the previous month due to improved supply expectations.



**Questions about the market?
We are happy to help!**

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